



2020 年度 大学院入学試験問題 (A 日程) (解答時間 60 分)

修士課程 応用心理学専攻

科目	英語	受験番号		氏名	
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I. 次の英文を和訳しなさい。

As mentioned, schools are one of the more obvious settings to implement training and education based on positive psychology. What is this training like? First, the training workshops on optimism and hope can also be implemented in school systems. However, most studies up to this point have targeted children who are at risk for psychological problems. It is also possible to include lessons in the normal school curriculum that are based on a positive psychology perspective. For example, Michael Wehmeyer (1996) has worked for a decade with students in special education populations. He and his colleagues believed that students who leave school as self-determined persons will adapt to the world in more positive and healthy ways. To this end, they developed instructional methods to enhance self-determination and have found that students who learn greater self-determination skills do adjust better after graduation. Similarly, Pajares(2001) found that personal qualities associated with positive psychology, such as optimism and authenticity, were higher in public middle school students who were high in achievement motivation and goal oriented.

The discussion of emotional intelligence in Chapter 2 is also relevant to the school setting. Because one of the stated goals of education is to nurture “intelligence,” it is logical that some schools might want to encourage emotional intelligence as well. In fact, some schools have begun to teach emotional intelligence skills. The Self Science curriculum developed at the Nueva School in Hillsborough, California, is offered to children in the first through the eighth grades and teaches them skills essential to emotional intelligence(see Salovey, Mayer, &Caruso, 2002). Among a number of skills, the curriculum helps children to recognize and label their emotions, be more aware of multiple feelings, take responsibility for their emotions, and teaches both listening and communication skills (Stone-McCown, Jensen, Freedman, & Rideout, 1998). A number of other programs that fall under the general category of social and emotional learning programs and character education also offer training in skills essential to emotional intelligence. (An Introduction to Positive Psychology/2005)





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Developmental psychology is the scientific study of changes that occur in human beings over the course of their life. Originally concerned with infants and children, the field has expanded to include adolescence, adult development, aging, and the entire lifespan. This field examines change across a broad range of topics including motor skills and other psycho-physiological processes; cognitive development involving areas such as problem solving, moral understanding, and conceptual understanding; language acquisition; social, personality, and emotional development; and self-concept and identity formation. One influential developmental psychologists was Erik Erikson. Another famous developmental Psychologist was Sigmund Freud, who studied psychosexual development.

Developmental psychology examines issues such as development through gradual accumulation of knowledge versus stage-like development, and the extent to which children are born with innate mental structures, as opposed to learning through experience. Many researchers are interested in the interaction between personal characteristics, the individual's behavior, and environmental factors including social context, and their impact on development.

Developmental psychology informs several applied fields, including: educational psychology, child psychology, and forensic developmental psychology. Developmental psychology complements several other basic research fields in psychology including social psychology, cognitive psychology, ecological psychology, and comparative psychology.

(出典 : Developmental psychology by Robert V. Kail, Rita Wicks-Nelson/1992)

